

North East Wales Branch & North West Wales Group

# Walk to d'feet

## Llandudno North Shore Promenade 16<sup>th</sup> May 2020

10.30 Registration @ North Parade  
11am Start (2.4 miles)

Sponsorship forms and more info available  
from Rachel Ritchie  
[fundraisingmndnewales@gmail.com](mailto:fundraisingmndnewales@gmail.com)

**All welcome!**

#### Motor Neurone Disease

- Kills six people every day in the UK
- Leaves people unable to walk, talk or feed themselves
- Is fatal with no know cure
- Affects up to 5,000 adults in the UK at any one time

#### The MND Association

- Provides information and support for people with MND and their families
- Funds vital research into causes, treatments and a cure for MND
- Relies on voluntary donations

